

# healing a Parent's heart

## What Is It?

Healing a Parent's Heart is a three-day group experience with other parents of children with same-sex attraction and a team of specially trained professionals. Because of Janelle's extensive experience with men and women who struggle with same-sex attraction, she is uniquely positioned to help mothers and fathers understand the nature of their children, as well as heal or strengthen the parent-child relationship.

## What Will Happen?

Starting on Friday evening and ending on Sunday afternoon, time will be spent in teaching, personal reflection, sharing, learning, inspirational readings, dialogue, fellowship, training, processing, eating, praying, crying, and laughing.

## What Will I Get Out of It?

Specifically, every parent in attendance will:

- Hear a personal story of healing and growth from other parents of gay-identified children
- Receive framework for understanding the biological and developmental influences of same-sex attraction
- Hear a personal story of healing and hope from a man and woman who have same-sex attraction
- Share their own personal history and story as it relates to parenting and current relationship with their child
- Gain a deeper understanding of their son or daughter and why they may act or communicate in the way they do
- Receive training on how to employ communication techniques that will help to secure and stabilize a strong warm attachment with their child
- Receive personal coaching on their unique relationship with their child
- Obtain practical tips in handling other family relationships and concerns in light of child's homosexuality
- Discover how to build a personal support system
- Gain personal insight and experience hope and joy in the midst of sorrow and loss
- Be encouraged, refreshed, and strengthened for the journey ahead

## Testimonials

*"This retreat was beyond my expectations!" -Mother from Colorado*

*"This retreat was a wonderful experience getting to know other couples and hearing of their struggles. It's always healing when there are other people who can relate to your own journey in life." -A Parent*

*"My husband and I want to thank you for your time with us last evening. It was enlightening. You blessed us with your guidance and listening, and opened our minds to new ways to relate to our daughter in love." - Parents*

*"The retreat was worth every dime I paid. My peace of mind and the quality of life that I am experiencing because of the retreat is phenomenal. There is so much more love and acceptance coming from my side for my daughter. The retreat is a must for all moms." -Mother from Oregon*

*"The retreat was emotional and exhausting and I loved every minute! I was at home because I was in such a safe place" -A Parent*

